

HARRIS COUNTY SCHOOLS

AUGUST, 2011



BREAKFAST MENU

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	1	Milk and Fruit Juice Offered Daily	2	3	4 PANCAKE & SAUSAGE ON A STICK/SYRUP OR CEREAL/TOAST/JELLY/PEARS	5 BREAKFAST PIZZA OR CEREAL/TOAST/JELLY/FRUIT CHOICE
WEEK 2	8	PANCAKES/SYRUP & SAUSAGE OR CEREAL/TOAST/JELLY/FRUIT CUP	9 FRENCH TOAST STICKS/ SYRUP & SL. HAM OR CEREAL/TOAST/JELLY/ APPLESAUCE	10 SCRAMBLED EGGS W/CHEESE & TOAST/JELLY OR CEREAL/TOAST/JELLY/ PEACHES	11 SAUSAGE BISCUIT OR CEREAL/TOAST/JELLY/ PEARS	12 MUFFIN SQUARES & SL. CHEESE OR CEREAL/TOAST/JELLY/ FRUIT CHOICE
WEEK 3	15	SCRAMBLED EGG/ TEXAS TOAST/JELLY OR CEREAL/TOAST/JELLY/FRUIT CUP	16 HAM BISCUIT OR CEREAL/TOAST/JELLY/ APPLESAUCE	17 BREAKFAST BAGEL & SAUSAGE OR CEREAL/TOAST/JELLY/ PEACHES	18 OATMEAL/ CINNAMON TEXAS TOAST/SL. CHEESE OR CEREAL/TOAST/JELLY/ PEARS	19 CHICKEN BISCUIT OR CEREAL/TOAST/JELLY FRUIT CHOICE
WEEK 4	22	PANCAKES /SYRUP & SAUSAGE OR CEREAL/TOAST/JELLY/FRUIT CUP	23 SCRAMBLED EGG/CHEESE GRITS & TOAST /JELLY OR CEREAL/TOAST/JELLY/ APPLESAUCE	24 FRENCH TOAST STICKS/ SYRUP & SL. HAM OR CEREAL/TOAST/JELLY/ PEACHES	25 SUPER DONUT & SAUSAGE OR CEREAL/TOAST/JELLY/ PEARS	26 BISCUIT/JELLY & SL. CHEESE OR CEREAL/TOAST/JELLY/FRUIT CHOICE
WEEK 5	29	CHEESE GRITS & TOAST/JELLY OR CEREAL/TOAST/JELLY FRUIT CUP	30 CHICKEN BISCUIT OR CEREAL/TOAST/JELLY APPLESAUCE	31 FRENCH TOAST STICKS & SL. HAM OR CEREAL/TOAST/JELLY PEACHES	<p>“This institution is an equal opportunity provider”</p> <p>“Due to circumstances beyond our control, menus are subject to change.”</p>	

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LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 SERVED DAILY 8 CHEESEBURGER LETTUCE/TOMATO DILL PICKLE SLICES SUNCHIPS FRUIT	9 FISH STICKS OVEN BAKED FRIES COLESLAW HUSHPUPPIES ORANGE HALVES	 10 CUBED STEAK RICE/ GRAVY GREEN PEAS TEXAS TOAST FRESH FRUIT	4 PIZZA CORN FROZEN FRUIT BAR	5 CHICKEN NUGGETS MASHED POTATOES TEXAS TOAST / FRUIT
15 CHICKEN POT PIE CALIFORNIA BLEND WHOLE WHEAT ROLL GOGURT FRUIT	16 OVEN BAKED CHICKEN BROWN RICE SEASONED SQUASH WHOLE WHEAT ROLL FRUIT	17 CHILI W/BAKED POTATO HALF SHREDDED CHEESE STEAMED BROCCOLI SALTINES FRUIT	11 SL TURKEY W/ GRAVY CREAMED POTATOES MIXED VEGETABLES WHOLE WHEAT ROLL FRUIT CUP	12 TACOS W/SPICY MEAT SHREDDED LETTUCE DICED TOMATOES SHREDDED CHEESE WHOLE KERNEL CORN PEACH CUP
22 MACARONI, CHEESE & HAM CASSEROLE BLACKEYED PEAS CORNBREAD PINEAPPLE TIDBITS	23 VEGETABLE BEEF SOUP GR. CHEESE SANDWICH VEGGIE DIPPERS/RANCH DRSG. SALTINES FRUIT	24 ITALIAN BAKED CHICKEN BROWN RICE GREEN BEANS WHOLE WHEAT ROLL FRUIT	18 HAM & CHEESE SANDWICH LETTUCE/TOMATO SUNCHIPS FRUIT	19 PIZZA WHOLE KERNEL CORN VEGGIE DIPPERS FROZEN FRUIT BAR
29 BBQ SANDWICH OVEN POTATO FRIES COLESLAW FRUIT	30 SPAGHETTI W/MEAT SAUCE TOSSED SALAD W/DRSG. GARLIC TEXAS TOAST FRUIT	31 BREADED CHEESE STICKS MARINARA SAUCE TOSSED SALAD/DRSG. YOGURT FRUIT	25 TURKEY & CHEESE SANDWICH ON BUN LETTUCE/TOMATO SL. PICKLES SUNCHIPS FRUIT	26 TACOS W/SPICY MEAT WHOLE KERNEL CORN DICED TOMATOES SHREDDED LETTUCE SHREDDED CHEESE CINNAMON ROLL
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